

BURKES CYCLES LONG BIKE COURSE

Please Note:

- The **roads are OPEN to all** normal road users while you are participating in this event
- Obey all normal road rules at all times
- Obey all instructions that marshals, police, and other event officials direct to you



LONG COURSE (30KM – AS USED AT NOV EVENT ONLY)

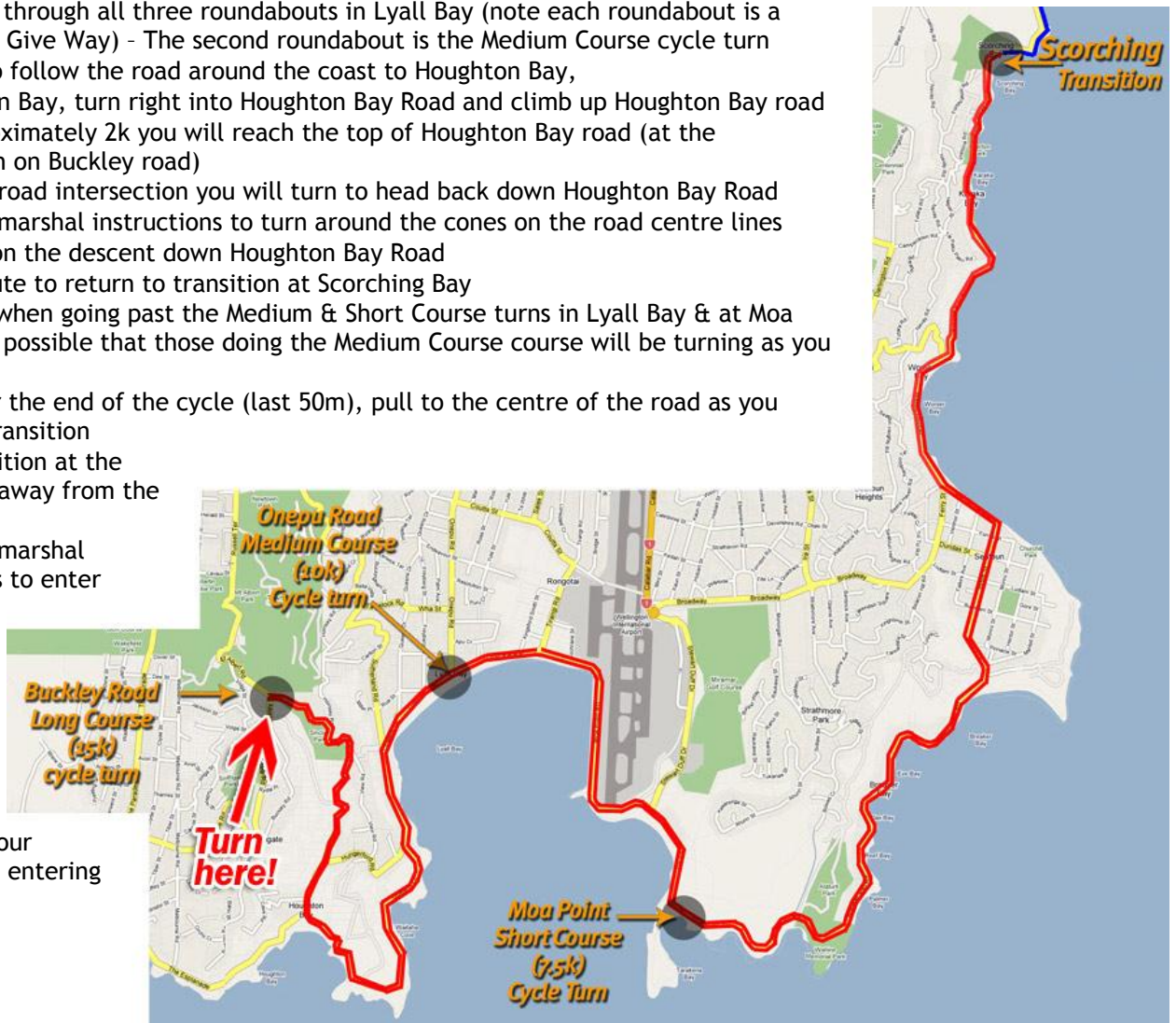
Note: The turn point of this course (at the 15k mark) is after 2kms of solid climbing (you will climb to 140m above sea level in these 2k) This option is recommended for confident and strong cyclists only (or stubborn cyclists).

The Burkes Cycles Long Bike

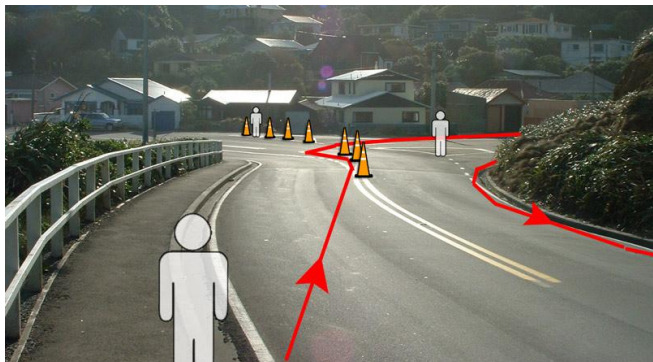
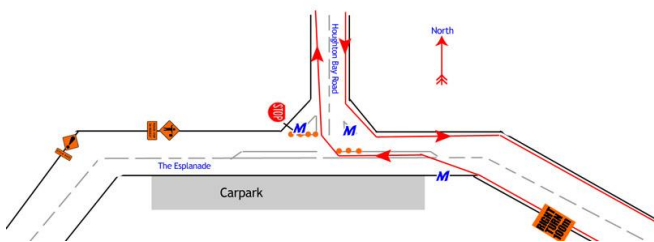
- is comprised of a one lap out and back course to the top of Houghton Bay Road totalling 30km

Description of the cycle course:

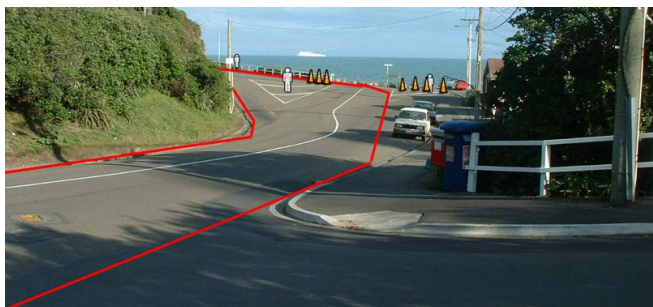
- Exit Transition at South end (near the buildings) and mount your bike on the road and head South
- Following the road along the coast line Pass Worser Bay and into Seatoun, turn away from sea at Seatoun at last intersection possible (turn into Inglis street)
- Climb up Inglis street over the Pass of Branda and into Breaker Bay
- Continue along the coastal road and past the WCCI Dog Pound - this is the Short Course Turn
- Continue down the past the airport to Lyall Bay
- Go directly through all three roundabouts in Lyall Bay (note each roundabout is a compulsory Give Way) - The second roundabout is the Medium Course cycle turn
- Continue to follow the road around the coast to Houghton Bay,
- At Houghton Bay, turn right into Houghton Bay Road and climb up Houghton Bay road
- After approximately 2k you will reach the top of Houghton Bay road (at the intersection on Buckley road)
- At Buckley road intersection you will turn to head back down Houghton Bay Road
- Follow the marshal instructions to turn around the cones on the road centre lines
- Take care on the descent down Houghton Bay Road
- Retrace route to return to transition at Scorching Bay
- (take care when going past the Medium & Short Course turns in Lyall Bay & at Moa Point , it is possible that those doing the Medium Course course will be turning as you return)
- As you near the end of the cycle (last 50m), pull to the centre of the road as you approach transition
- Enter transition at the north end (away from the buildings)
- Follow the marshal instructions to enter transition.
- Do not cross the road until the marshal advises you to.
- Dismount your bike before entering transition



Turning away from the Coast and then heading up Houghton Bay Road (13k into cycle)

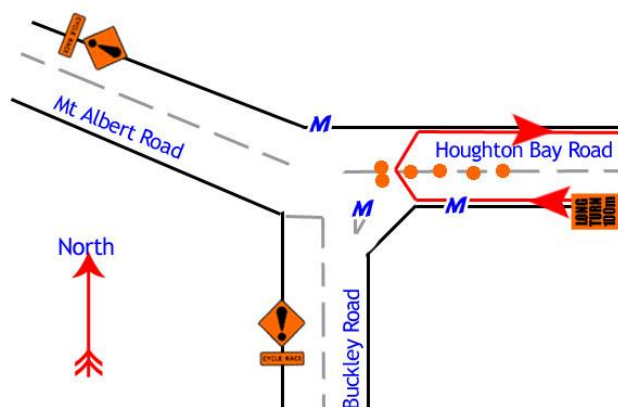


Approach to Houghton Bay Road from Airport side



Looking back down Houghton Bay Road

Long Course cycle turn at the top of Houghton Bay Road (15k into cycle)



Buckley Road turn viewed from just past the turn point