

BURKES CYCLES MEDIUM BIKE COURSE

Please Note:

- The **roads are OPEN to all** normal road users while you are participating in this event
- Obey all normal road rules at all times
- Obey all instructions that marshals, police, and other event officials direct to you



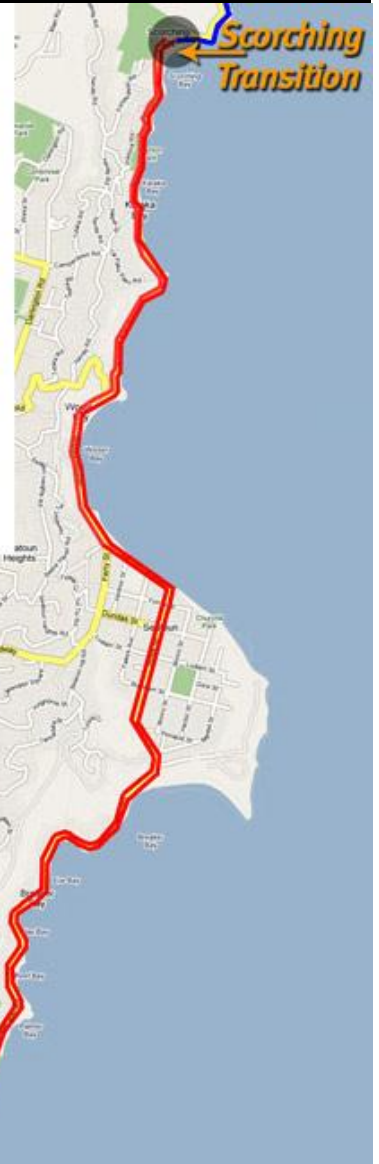
MEDIUM COURSE (20KM – AS USED AT NOV – MARCH EVENTS)

The Burkes Cycles Medium Bike

- is comprised of a one lap out and back course to 2nd roundabout in Lyall Bay (intersection with Onepu Road) totalling 20km

Description of the cycle course:

- Exit Transition at South end (near the buildings), mount your bike on the road and head South
- Following the road along the coast line pass Worser Bay and into Seatoun, turn away from sea at Seatoun at last intersection possible (turn into Inglis street)
- Climb up Inglis street over the Pass of Branda and into Breaker Bay
- Continue along the coastal road and past the Wgtn City Council Dog Kennels - this is the Short Course Turn
- Continue past the airport to Lyall Bay
- Continue down the past the airport to Lyall Bay
- Go straight through the first roundabout on Lyall Bay Parade (Tirangi Street intersection)
- Go to the Second round about in Lyall May (Onepu Road intersection - this is your turn location, and this is a compulsory give way)
- Follow the marshal instructions to turn around the traffic island at the centre of the roundabout
- Retrace route to return to transition at Scorching Bay
- Take care when going past the Short Course turn at Moa Point , it is possible that those doing the Short course will be turning as you return
- As you near the end of the cycle (last 50m), pull to the centre of the road as you approach transition
- Enter transition at the north end (away from the buildings)
- Follow the marshal instructions to enter transition.
- Do not cross the road until the marshal advises you to.
- Dismount your bike before entering transition



Turn here!

